

TITLE: Wellness and Impairment Among Medical Professionals and Trainees

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FACULTY MENTOR DEPARTMENT

Psychiatry

RESEARCH PROJECT DESCRIPTION The MSRP student will use existing data collected by Dr. Merlo from medical students, residents, and/or physicians and other healthcare providers to explore topics associated with mental health and wellness, depression and burnout, and/or substance use and related impairment. Dr. Merlo's research is funded by the Professionals Resource Network, Inc. (the state of Florida's physician health program). The goal of the MSRP project will be to develop an abstract for submission to a state or national conference and a manuscript to submit for publication. The specific topic will be determined in consultation with Dr. Merlo based upon student interest and availability of appropriate data.

Representative publications include:

1. Merlo, L.J., Campbell, M.D., Skipper, G.E., Shea, C.L., & DuPont, R.L. (2016). Outcomes for physicians with opioid dependence treated without agonist pharmacotherapy in physician health programs. *Journal of Substance Abuse Treatment, 64*, 47-54. PMID: 26971079
2. Merlo, L.J., Cummings, S.M., Cottler, L.B. (2014). Prescription drug diversion among substance-impaired pharmacists. *American Journal on Addictions, 23*, 123-8. PMID: 25187048
3. Merlo, L.J., Singhakant, S., Cummings, S.M., & Cottler, L.B. (2013). Reasons for misuse of prescription medication among physicians undergoing monitoring by a physician health program. *Journal of Addiction Medicine, 7*, 349-53. PMID: 24089039
4. Merlo, L.J., Trejo-Lopez, J., Conwell, L., & Rivenbark, J. (2013). Patterns of substance use initiation among healthcare professionals in recovery. *American Journal on Addictions, 22*, 605-12. PMID: 24131169