

Project title:

Does Improved Access Change Dietary Behavior

Faculty mentor name, email, department and phone number

Monica Aggarwal

monica.aggarwal@medicine.ufl.edu

352-273-9075

Research Project Description

We will submit a protocol to the IRB to determine current use of fruits/vegetables/health foods in the community. We will then attempt to improve access to foods and see if it changes behavior. The medical student would be involved in all facets of this project. The student would be required to obtain IRB training. Student would submit an IRB protocol, learn how to prepare informed consent forms. Student would provide survey to the subjects. Student would also be responsible for helping with providing access to the foods. And the student would be involved in data collection if student involved on a longer term (6 months) and submission of a paper. Student would also be involved in creating education materials on nutrition and other lifestyle measures that decrease risk of chronic illness.