

TITLE: CenteringPregnancy Outcomes in an Academic Institution

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RESEARCH PROJECT DESCRIPTION (brief overview of background, hypothesis, methods, role of medical student, funding and relevant publications -- SHOULD NOT EXCEED ~ 250 WORDS)

CenteringPregnancy is a group prenatal care model that allows women to directly participate in their healthcare while having a support system of 8-10 women who are at the same gestational age going through their own pregnancies at the same time. Instead of traditional prenatal care appointments in which patients have roughly 10 minutes with their providers, Centering sessions last 90 minutes and include not only the physical exams but 90 minutes of direct time with one's provider that are spent discussing different aspects of pregnancy and healthcare. CenteringPregnancy studies have shown improved prenatal outcomes related to preterm delivery and improved satisfaction with one's care.

Thus far, our CenteringPregnancy program has shown additional enhancements in care including improved patient satisfaction, improved breastfeeding rates, vaccination rates, contraceptive rates.

The role of the medical student would be to aid with data collection and analysis of all Centering patients over the last 2 years, this will be roughly 200 patients. We will then compare to 200 patients in traditional care and we will determine if there is a statistically significant improvement in the outcomes we are measuring for Centering patients.

The student would participate in the manuscript writing and in abstract/poster presentation.

For more info regarding CenteringPregnancy: www.centeringhealthcare.org