

**From:** [Faculty Description of Research Project](#)  
**To:** [DOCOM-Discovery Pathways Program](#)  
**Subject:** New submission from Faculty Description of Research Project  
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**Project title:**

Does an on-site perinatal mood clinic impact affective disorders in pregnant/postpartum women?

**Faculty mentor name, email, department and phone number**

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**Research Project Description**

The department of OBGYN began its first perinatal mood disorders clinic in July 2017. Prior to that time, patients who were identified as having depression in pregnancy or postpartum, were sometimes treated by obstetrics providers and sometimes referred to psychiatry for evaluation and treatment. Many times, patients had wait times of 3 or more months prior to seeing a psychiatric provider. The purpose of this clinic was to provide treatment during this gap period so that patients could either go into remission, or begin their treatment until they were able to be seen. The purpose of this study is to identify the most common diagnoses for patients seen in this clinic, the average number of visits for each patient, the initial EPDS score and the subsequent scores, and finally the patient outcomes. This will be a retrospective chart review.